

# Telbolife AM 80 Tablet

**Brand Name:** Telbolife AM 80 Tablet

**Dosage Form:** Tablet

**Therapeutic Category:** Antihypertensive Combination

## Composition:

Each tablet contains:

- **Telmisartan I.P.** – 80 mg
- **Amlodipine I.P.** – 5 mg

## Description:

**Telbolife AM 80 Tablet** is a combination of **Telmisartan**, an **angiotensin II receptor blocker (ARB)**, and **Amlodipine**, a **calcium channel blocker (CCB)**. It is primarily used to treat **hypertension** (high blood pressure).

- **Telmisartan** blocks the action of **angiotensin II**, helping relax blood vessels and reduce blood pressure.
- **Amlodipine** inhibits the influx of **calcium ions** into vascular smooth muscle and cardiac muscle, contributing to vasodilation and lowering blood pressure.

## Indications:

- **Essential Hypertension:** For the treatment of **high blood pressure** (hypertension).
- **Angina:** Used in the treatment of **chronic stable angina** and **vasospastic angina**.

## Dosage and Administration:

- **Recommended Dose:** 1 tablet once daily.
- **Administration:** Can be taken with or without food, preferably at the same time each day.
- **Dose Adjustment:** Dose may be adjusted based on the individual's clinical response and tolerance.
- **Switching Medications:** When switching from monotherapy to this combination, monitoring of blood pressure is essential.

## Contraindications:

- **Hypersensitivity** to any component of the formulation.
- **Severe renal impairment** or **anuria**.
- **Hypotension** (low blood pressure) or **shock**.
- **Pregnancy** and **breastfeeding**.

## Precautions:

- **Renal Function:** Caution is recommended in patients with renal impairment. Regular monitoring of renal function is advised.
- **Electrolyte Imbalances:** Regular monitoring of **potassium** and **sodium** levels is recommended due to the risk of **electrolyte disturbances**.
- **Volume Depletion:** Use with caution in patients with dehydration or on a low-salt diet.
- **Liver Disease:** Caution is advised for patients with liver disease.

#### Adverse Effects:

- **Common Side Effects:** Dizziness, headache, swelling in the ankles or feet, fatigue, and palpitations.
- **Serious Adverse Effects:** Hypotension, hyperkalemia (high potassium levels), kidney dysfunction, and liver toxicity.
- **Other Effects:** Constipation, nausea, and flushing.

#### Storage:

- Store below **25°C** in a cool, dry place.
- Keep away from moisture and direct sunlight.
- Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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